



Medina County  
Health Department

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www.medinahhealth.org

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330-723-9659 (FAX)

Dental Health  
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330-723-9674 (FAX)

Environmental Health  
330-723-9523  
330-723-9650 (FAX)

Health Promotion  
330-662-0511  
330-723-9659 (FAX)

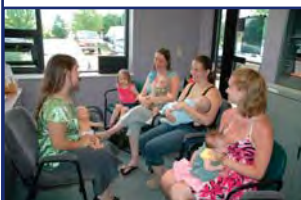
Public Health Nursing  
330-723-9688  
330-723-9697 (FAX)

Women, Infants, & Children (WIC)  
330-723-9629  
330-723-9630 (FAX)

Receive up-to-date  
information on our  
website at  
www.medinahhealth.org

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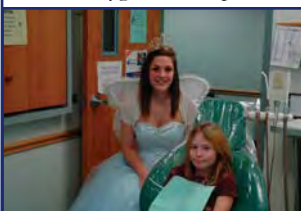
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Breastfeeding Class



School Playground Inspection



Tooth Fairy Visits the  
Dental Clinic

The mission of the Medina County Health Department is to prevent disease, assure a healthful environment, prolong life, and promote the well being for the citizens of Medina County.



## Public Health Prevents

- Chronic Diseases
- Disease Outbreaks
- Injuries and Deaths

This child is enjoying a beautiful summer day at the WIC Olympics, where kids ran, jumped, played, and ate healthy snacks. Exercise, proper nutrition, and a healthy weight will help prevent the top two causes of death in Medina County: heart disease and cancer.

## Message from the Health Commissioner

Looking back at 2010, I am reminded of what could have been. Outbreaks did not erupt and diseases did not spread because behind the scenes, the Medina County Health Department was at work. You can rest easy because we inspect, vaccinate, and educate everyday in Medina County. These responsibilities protect your health, prevent disease, and give you peace of mind.

We are making an impact on the health of our children through WIC (Women, Infants, and Children) programs like the Mom-to-Mom Breastfeeding Support Group. This group supports breastfeeding and promotes the health of our tiniest residents. Check our website calendar for a complete listing of all of our free health and wellness classes.

The work of the Medina County Health Department affects everyone, no matter if you live, work, or play in Medina County. In 1900, life expectancy was 56 years of age. Thanks to the work of public health, today it is 77 years of age.

During 2011, we want you to remember the importance of being prepared, making a plan, and staying informed. We are doing our part through our emergency preparedness planning, community education, and an **updated website**.

With your support, I look forward to another healthy year.

Daniel J. Raub, DO, MA, FACOFP  
Health Commissioner and Medical Director

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# Health Services

## Preventing Disease and Outbreaks

Our health department is responsible to monitor communicable diseases, which are diseases that spread from person to person. In 2010, we investigated 350 reportable diseases in Medina County and took the necessary steps to be sure illness didn't spread. Investigations include finding the sources of the disease and contacting all persons exposed. Those exposed were referred for medical treatment to prevent outbreaks.

Throughout 2010, we investigated cases such as salmonella, whooping cough, sexually transmitted diseases, and tuberculosis. County residents with active cases of tuberculosis received 744 public health nurse visits during 2010 to prevent the spread of tuberculosis in our community.

During 2010, Medina County Health Department Public Health Nurses and Medical Reserve Corps Nurses gave 24,000 doses of vaccine to prevent the spread of diseases such as diphtheria, polio, pertussis, influenza, pneumonia, and meningitis. These diseases are known to cause severe illness and even death in some cases. Vaccines are the best way to prevent outbreaks of these diseases within our community. When most of our community is protected by a vaccine, diseases have little chance to spread and cause illness.

### Promotes



#### Public Health Promotes

- Immunizations
- Active Living
- Healthy Behaviors
- Growth & Development
- Oral Health

### 2010 Medina County Birth & Death Statistics

#### Birth Statistics

- Medina County resident births in Medina County: 765
- Medina County resident births outside of Medina County: 969
- Total Medina County resident births: 1,734
- *Total births (resident and non-resident) occurring in Medina County: 959*

#### Death Statistics

- Total deaths occurring in Medina County: 1,044

### Top 6 Causes of Death In Medina County (2008 - Latest Data Available)

1. Cancer
2. Heart Disease
3. Chronic Lower Respiratory Diseases
4. Alzheimer's Disease
5. Accidental Injuries
6. Stroke

### Medina County Health Department Programs (Partial Listing)

- Birth & Death Certificates
- Blood Pressure Checks
- Breast Health Exams
- Breastfeeding Education and Support
- Bureau for Children with Medical Handicaps
- Car Seat Safety Inspection & Installation
- Food Protection Programs
- Health Education
- Hearing Screenings
- Infectious Waste
- Lead Testing
- Mosquito Surveillance/Control
- Newborn Home Visits
- Nutrition Education
- Obesity Prevention
- Pap Tests & Pelvic Exams
- Physicals
- Plumbing
- Pool, Spa, and Special Use Pools Inspections
- Pregnancy Tests
- Rabies Control
- School Inspections
- School Nursing
- Sewage Program
- Tattoo/Body Piercing Inspections
- TB Tests
- Travel (International) Medicine
- Water Programs

Check our website and online calendar for a complete listing at [www.medinahhealth.org](http://www.medinahhealth.org)

# Health Information

## Prepare. Plan. Stay Informed.

Looking for reliable health information? Your Medina County Health Department is here to help in many ways. We participate and start many community initiatives to prevent chronic diseases to keep you healthy.

Our health educators provide information, tip sheets, and press releases on a variety of health topics, including hand washing, physical activity and nutrition, preparing for an emergency, wellness, and car seat safety to increase your awareness of health topics that impact you and your family.

Your Medina County Health Department partners and plans with the Emergency Management Agency, local hospitals, and community health agencies to ensure a coordinated response to public health emergencies. During 2010, we secured \$705,017 in grants for emergency planning and the Medical Reserve Corps (MRC). This enables the Medina County Health Department to better respond to emergencies, such as flu outbreaks or terrorist attacks, and protect our greatest asset – Medina County residents.

The MRC program now has 197 trained volunteers. MRC volunteers donated \$7,700 worth of time to help the Medina County Health Department respond during H1N1 clinics, providing over 23,000 H1N1 shots in 2009-2010. MRC volunteers also provided assistance with seasonal flu clinics in the fall of 2010.

## Dental Clinic

### Poor Oral Health = Poor General Health

Lack of access to dental services is the main reason why adults and children suffer with dental disease. Oral

2010 Dental Statistics	
Unduplicated patients:	4,765
Total patient appointments:	6,946
New patients:	1,446

health affects the health of the whole body. It affects one's ability to eat, speak, play, and learn.

Dental clinic hours are Mondays, Wednesdays, and Fridays from 8:00 a.m. to 4:30 p.m. and Tuesdays and Thursdays from 8:00 a.m. to 6:30 p.m. Emergency walk-in services are available on Mondays at 12:30 p.m. and Fridays at 8:30 a.m.

Services include cleanings, exams, x-rays, sealants, fillings, root canals, extractions, dentures, and partials. Medina County Health Department Dental Health Services are partially funded by the Ohio Department of Health and your local health levy.

# Protects



### Public Health Protects

- Preparing for emergencies
- Helping communities plan
- Informing the public about health hazards

## WIC Vouchers Bring Back Over a Million Dollars to Local Businesses

Medina WIC (Women, Infants, and Children) has a significant economic impact in Medina County. In 2010, \$1,473,177 worth of vouchers were redeemed at Medina County stores for healthy foods, such as dairy, whole grain products, vegetables, and fruits.

During 2010, WIC served an average of 2,096 pregnant, breastfeeding and postpartum women, children up to five years of age, and infants from every city, township, village, and community in Medina County. WIC's main focus in 2010 was expanding the breastfeeding education and support program, helping more women successfully breastfeed.

In addition to the healthy foods offered, WIC dietitians teach families about nutrition and the importance of an active lifestyle. Healthy eating, active living, and breastfeeding also mean lower health care costs. It's just another way WIC is helping Medina County save money.

Many of WIC's classes are open and free to you and your family. Check our online calendar for details!

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## Inspections and Permits

### Providing Residents Peace of Mind

By law, the Medina County Health Department is required to inspect and issue permits for over 20 programs. Often this work is behind the scenes, not apparent to the general public. Our inspections prevent disease, protect the environment, and minimize or eliminate environmental conditions that could cause disease or injury.

#### What we do for you:

- Ensure local pools, campgrounds, schools, sewage, water, and plumbing systems are licensed/permitted. Our registered sanitarians inspect each to prevent disease and ensure a healthful and safe environment.
- Assure that restaurants and grocery stores are inspected to provide safe food to consumers.



#### 2010 Inspection Statistics

Total Inspections	7,095
Food	2,498
Plumbing	2,092
Other programs	2,505

#### Inspections by Location

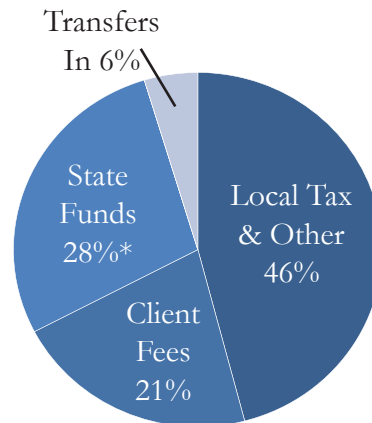
3 Cities	2,386
17 Townships	4,321
6 Villages	388

For a complete listing of 2010 Environmental Inspections, visit [www.medinahhealth.org](http://www.medinahhealth.org).

## Fiscal Report January 1, 2010 through December 31, 2010

Revenues	
Local Tax & Other	\$3,197,732
Client Fees	\$1,492,391
State Funds	\$1,948,290
Transfers In	\$326,510
<b>Total 2010 Revenues</b>	<b>\$6,964,923</b>
Expenses	
Salaries	\$3,489,998
Benefits	\$1,096,175
Supplies	\$344,852
Remittances to State	\$147,620
Insurance	\$42,795
Advertising & Print	\$32,386
Travel & Training	\$87,108
Contract Services	\$633,150
Other Expenses/Rental/Refunds	\$97,166
Utilities	\$93,745
Equipment	\$97,700
Transfer Out/Bond Debt	\$326,510
<b>Total 2010 Expenses</b>	<b>\$6,489,205</b>

Where does the Medina County Health Department revenue come from?



Medina County Health Department Services are partially supported by your local health levy. Thank you!

\*State funds include some Federal Pass Through Funds.